



Your Global Skin Specialist

PHOTO-REJUVENATION

Pre-treatment

- ✓ The skin must be "squeaky clean" and dry.
- ✓ **Do not tan** 1-2 weeks prior to treatment.
- ✓ Topical anesthetic may be used prior to treatment.

Post-treatment

- ✓ Use a cool compress or cool aloe vera gel can be applied immediately post treatment for comfort.
- ✓ Apply cool compresses for 10 minutes every hour while at home for comfort/swelling. The patient may need to sleep with the head elevated for 1-2 nights.
- ✓ The Patient must wear sunblock with at least SPF 30 or more daily to protect the treated area for at least two weeks following treatment.
- ✓ Avoid unprotected sun exposure for at least two weeks; otherwise, the patient may have hyperpigmentation without proper sun protection. The patient should reapply the sunblock several times during the day.
- ✓ Avoid strenuous exercise for 24-hours following the treatment.
- ✓ The treatment is every four (4) weeks, for 4-5 sessions.