



Your Global Skin Specialist

VEINS

Pre-treatment

- ✓ The skin must be “squeaky clean” and dry.
- ✓ **Do not tan** 1-2 weeks prior to treatment.
- ✓ **Do not** use a topical anesthetic as this may change the vessel dynamics.

Post-treatment

- ✓ Use a cool compress post treatment for comfort.
- ✓ The Patient must wear sunblock with at least SPF 30 or more to protect the treated area.
- ✓ Avoid exercise or strenuous activity for 3-5 days to prevent “flushing”.
- ✓ Avoid hot showers, steam rooms, saunas, hot tubs, etc. for several days following treatment.
- ✓ Limit or forego the intake of alcoholic beverages for several days following treatment, as alcohol consumption can cause vasodilation.
- ✓ We encourage the use of compression or support hose for several days of following treatment.